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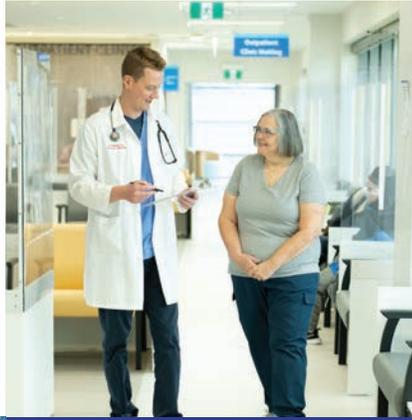
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325 PLEASANT STREET, RM 1361
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MESSAGE FROM THE PRESIDENT



Welcome to 2023!

The Dartmouth General Hospital Foundation had an incredible 2022, with events that broke decades long fundraising totals, unprecedented outreach into the community, and gifts from loyal and brand new donors that amazed and humbled us all. You have all worked so hard to give back to the Dartmouth General Hospital - a thank you isn't enough!

We have an exciting year ahead of us as well - we have officially launched our Lead On campaign! This campaign will bring Dartmouth General our first MRI, cutting edge Orthopedic Robotic technology, as well as upgrades to patient comfort and experiences like a new dining hall and rooftop garden. We are also increasing our bursary project, meaning more students will get the funding they need to help become the next generation of Healthcare Heroes. We are working closely with the government on their announcement that DGH will be expanding and opening new beds in the near future. We have been working with the government to bring a new Emergency Department to DGH and we are so thankful for their recent announcements! We are so happy that the government has chosen to continue investing in Dartmouth and we look forward to working hard to help however we can. You can read all about the Lead On campaign starting on page 12.

I am so happy to share stories from Holiday Magic - our first time joining this incredible project with Van Wart Productions was so much fun and helped raise over \$85,000! I am so pleased to share more about some very special donors and volunteers, as well as a first look at the 38th Annual Lobster Dinner and Auction!

There are so many exciting things happening this year - I can't wait to see you all out and about as we continue to fundraise for the Dartmouth General Hospital.

A handwritten signature in blue ink that reads "Stephen Harding". The signature is written in a cursive, flowing style.

STEPHEN HARDING
PRESIDENT & CEO
DARTMOUTH GENERAL
HOSPITAL FOUNDATION

A NEW WAY TO SHOW THE LOVE THIS FUND WAS CREATED TO GIVE BACK TO OUR FRONTLINE HEROES WHO GIVE US SO MUCH

It's time for us to bring our investments in our hardworking staff to the next level and build on our community-focused culture with a dedicated staff support fund that we here at the Dartmouth General Hospital Foundation call "Show the Love."

It's the nurses, doctors, and healthcare professionals within our building who make a difference every day as they generously provide compassion, comfort and support to the patients in their care, as well as the families of those patients. With the ever-increasing pressure and stress that comes with their profession, in a system that is strained globally, it is crucial that we do everything that we can to support those who support our community.

As we all know here in Nova Scotia, the healthcare job market is very competitive, and we're contending with worldwide initiatives to attract and keep healthcare providers. The Government has made some recent announcements highlighting positive commitments and incentives in an effort to hire and retain staff, and we can help. We can Show the Love.

"I really feel the sense of community – that our community is there for our hospital, and our hospital is there for our community. Our community wants to see this hospital succeed and thrive, and they have provided so much support to make sure we have the equipment and technology we need. They support our every need in such an incredible way." – Dr. Natalie Cheng, Medical Site Lead

We can stand with our healthcare workers and demonstrate our appreciation for their hard work and tireless dedication by funding continued education, providing quiet and private spaces to rest, and purchasing the best tools and equipment they need to do their jobs effectively and efficiently.

**Will you join us as we Show the Love to those who give
it compassionately to our community when we need it most?**

Visit www.dghfoundation.ca, call 902-460-4149,
or scan the code below to donate today!



HOLIDAY MAGIC

A VanWart Production Holiday Variety Show

Thank you so much to everyone for watching Holiday Magic's live shows and CTV/CTV2 broadcasts, as well as the incredible sponsors who made this event possible. It was a great experience having two live shows, a Salute to the Military and Veterans and a Tribute to Healthcare Workers, as well as two broadcasts on CTV and CTV2.

The amazingly talented artists who made these shows possible put on terrific performances and we are so grateful that they joined the fun! Thank you to our wonderful host Nancy Regan, as well as Heather Rankin, Reeny Smith, Linda Carvery, The Stadacona Band, Owen O'Sound Lee, Kate Hennessey, Andrew Machum, The Gilberts, Diaga

Irish Dancers, Dr. Vanessa Sweet, the Scotia Suzuki School of Music, and more!

The support of all of the viewers and donors means that we are now more than \$85,000 closer to the purchase of Dartmouth General Hospital's first MRI! These incredible donations allowed us to activate a generous \$50,000 match from J&W Murphy Foundation as well! Thank you all for taking the lead on bringing this critical piece of equipment to the Dartmouth General Hospital.

Thank you to Van Wart productions for choosing Dartmouth General as the new home for Holiday Magic - we can't wait to continue this new tradition.



Heather Rankin performed at Sonic Temple for our CTV broadcast



Linda Carvery performed at the Spatz Theatre with herself!



Owen O'Sound Lee joined the Stadacona band at the Spatz Theatre



Bob Van Wart and Steve Harding join CTV Morning Live to promote Holiday Magic!



DGH Anesthesiologist Dr. Vanessa Sweet took the stage at the Spatz Theatre



Maria West, Chris & Donna Purcell, and Carolyn Marshall answered phones during the CTV broadcast



Kate Hennessey wowed crowds at the Spatz theatre and during the CTV show filmed at Sonic Temple.

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EAST COAST



showpass



CELEBRATING 15 YEARS OF GET UP THERE WITH A RECORD BREAKING YEAR

2023 marked the 15th anniversary of Get Up There (GUT), an event dedicated to raising funds and awareness to support colorectal screening and prevention.

Colorectal cancer is a disease that takes the life of one Nova Scotian every day. It is also 90% preventable.

Funds raised through GUT have helped the Dartmouth General Hospital Foundation purchase equipment and technology used for colorectal cancer screening. Last year, the third endoscopy

suite at Dartmouth General was opened thanks to the support of GUT participants, sponsors, and donors. This endoscopy suite is used exclusively for screening FIT-positive patients. Fit tests are sent to Nova Scotians over the age of 50 every two years, and they detect trace amounts of blood in your stool.

In 2023, GUT raised the bar even higher than it has in the past, aiming to raise \$75,000. Participants created teams and planned to climb the hills of Wentworth, all while aiming

to reach this new milestone amount.

Thanks to the incredible support of the community, and the tireless efforts of the participants, not only did they reach their goal, but they exceeded it.

In total, more than \$100,000 was raised to support the fight against colorectal cancer!

Thank you so much to everyone who supported this amazing event. You are making a difference and helping to save lives in Nova Scotia.



THANK YOU TO OUR SPONSORS





PLANNED GIVING - KEEP YOUR SUPPORT FOR DGH GOING WHILE LEAVING YOUR LEGACY

The Conrad family has a rich history as supporters of the Dartmouth General Hospital. Fraser Conrad, one of DGH's founders, and his wife Glenna Conrad starting supporting the Foundation before they even broke ground on the DGH.

Today, Kim Conrad is continuing his parent's legacy. Kim's passion for supporting his community led him to include the Dartmouth General Hospital Foundation in his estate planning.

"A lot of people want to donate but also want to leave something for their family. There are different ways to leave a gift, but something that works for me is choosing to dedicate a life insurance policy to the Dartmouth General Hospital Foundation. This way you're assured that your legacy can be taking care of your family, and giving back to your community. I'm proud that my commitment to the Dartmouth General Hospital will continue into the future."

Planned giving provides the opportunity for a donor to make a gift to a cause that is important to them. Each year, planned gifts provide essential funding for important patient care, programs, and innovation provided at Dartmouth General Hospital.

Planned Giving provides a thoughtful way to make a gift that is tax-effective and balances the donor's financial needs with their charitable goals.

Our Foundation team will work with you, your family, and your financial advisors (where appropriate) in a confidential way to ensure your gifts, intent, and philanthropic goals are met.

Contact us today at 902-460-4149 and one of our Philanthropy Officers will be happy to chat with you and answer any questions you may have.





DG Dartmouth
General
HF Hospital
Foundation

DGH Lobster Dinner & Auction



Harbour
Experience
Departure Point



It's the best time of the year! We're delighted to be heading back to Fisherman's Cove in Eastern Passage on **June 10th for our Annual Lobster Dinner and Auction!**

Join us for one of Dartmouth's favourite Lobster Dinners - there will be prizes, entertainment, delicious food, and much more!



We're delighted to have Rear Admiral Brian Santarpia, Commander Maritime Forces Atlantic and Joint Task Force Atlantic, as our Honorary Chair this year!

You can purchase your tickets online at www.dghfoundation.ca today or scan the code below



Join us as we raise funds to support Orthopedic Innovation at Dartmouth General Hospital.

If you have any questions or would like to learn more about volunteer or sponsorship opportunities, please contact Maryann Couture at Maryann.Couture@dghfoundation.ca or 902-465-3405

Supporting exceptional patient care is at the heart of everything we do, including our newest campaign - **LEAD ON**

Your support is powering change at the Dartmouth General. Change that will result in more effective health care. Change that will help recruit and retain health care staff. Change that will advance the incredible work of our talented medical professionals. You can read about some of the campaign priorities below.

ENHANCED PATIENT EXPERIENCE:

The Enhanced Patient Experience Fund will support high-impact projects at Dartmouth General that create positive experiences for patients, their families, visitors, and hospital staff. There are several common areas that would greatly benefit from a redesign.



EMERGENCY DEPARTMENT ENHANCEMENTS:

Dartmouth General's emergency department is almost 20 years old and is suffering from deficiencies that could affect patient care. Our catchment area has grown – nearly 50,000 people come to the hospital's emergency department each year seeking treatment and care. COVID-19 has resulted in new infection prevention, safety, and treatment protocols.

In the long term the Government is planning for a new, modern emergency department that will better serve patient needs and offer strong, reliable emergency service. It will provide more security, space and privacy for patients and be easier to navigate and access for our community.



Now, improvements in our current emergency department will reflect best practices to care for our aging population and patients experiencing mental health issues, as well as provide culturally inclusive care and a welcoming space for all members of our communities.

PELVIC HEALTH SUITE:

As old equipment is retired and new equipment is purchased, there is an opportunity for better diagnoses and a wider choice of treatments and therapies for patients.

To further improve patient care, Dartmouth General is creating a new Pelvic Health Suite, located within DGH's Outpatient Centre, to focus on urology and gynecology services.



The Pelvic Health Suite will be the new home to cystoscopy and hysteroscopy procedures and will support increased patient comfort, reduce wait times, and promote efficiencies within the departments of urology and gynecology.

COMMUNITY PROGRAMS:

Health disparities exist amongst various groups, particularly the Black, Indigenous and People of Colour (BIPOC) and 2SLGBTQ+ communities. They often face barriers to access and culturally insensitive policies. These factors strongly influence a person's physical and mental welfare as well as their willingness to seek care. The Dartmouth General is a collection of ethnicities and cultures, both in the people who work here and in the communities we serve.



Our diversity leaves us well-positioned to address disparities and to be a leader in developing healthcare equity initiatives for our communities, such as our African Nova Scotian Healthcare Bursary program and the Patient Comfort and Care Fund.

ORTHOPEDIC INNOVATION:

Housed in Dartmouth General's new Neville J. Gilfoy Wing, the Fred Smithers Centre for Orthopedic Care has two ortho-dedicated operating rooms and seven orthopedic surgeons performing the majority of HRM's scheduled joint replacement procedures. Even with this increased capacity, we know that wait times are long, and as our population ages, the demand will continue to grow.



Our innovation-minded orthopedic team is always looking at the potential to operate more efficiently and effectively. Two projects have been identified that will help to reduce wait times, improve surgical outcomes for orthopedic patients, and align with the hospital's goal of excellence as its standard of care: an Orthopedic Robot and a Short-Stay Post-Operative Recovery Unit offering rehabilitation services and a one-night stay for patients as they recover and prepare to return home.

DARTMOUTH GENERAL'S FIRST MRI:

The Dartmouth General will be getting its first MRI unit, increasing HRM's imaging capacity by 400 scans per month or nearly 5,000 scans per year!



Today, the wait time for a non-urgent MRI in HRM is almost one year, well-exceeding the national standard. With our new MRI, in emergency situations, patients would no longer need to be transported to Halifax for an MRI scan, saving time, money, and possibly lives. Without question, the need for a new MRI unit is immediate and of high priority.

***To learn more about the Lead On campaign,
visit www.dghfoundation.ca or call 902-460-4149.***

LEAD ON



Dr. Natalie Cheng



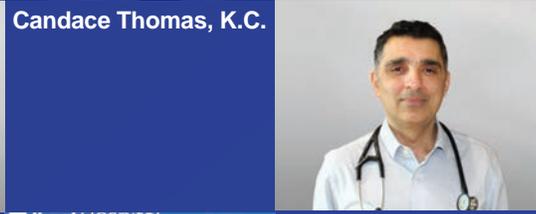
Candace Thomas, K.C.



Dr. Chadwick Williams



Dr. Jennifer Leighton



Dr. Ravi Parkash



Kim West



Lisa Murphy

Introducing our Advisory Committee.

Community support is powering change at the Dartmouth General. This change will result in more effective health care for everyone. We are committed to driving patient-centered innovation at Dartmouth General Hospital - Join us, become a leader today!



Dr. Andrew Ingham



Dr. Jon Duplisea



Paul O'Hearn

Meet our 13 Advisory Leaders supporting the Lead On campaign for Dartmouth General, and our exceptional Honorary Chairs - Joseph and Violet Diab.



Robbie Shaw



Gloria McCluskey



Denis Ryan



Joseph and Violet Diab
Honorary Campaign Chairs



Dan Gibson



Barbara Manning



Bruce Delo



John Fitzpatrick, K.C.



Mark Sherman



Anita MacKinnon



Jack MacKinnon



Dr. Carla Pittman



Fred Smithers, O.C., MBE



Jody Sampson



Tim Brownlow



Rear Admiral
Brian Santarpia



Tracy Mahoney



Denis Connor

Introducing our Campaign Cabinet.

Meet our 15 passionate volunteers supporting the Lead On campaign for Dartmouth General. Together, they fearlessly take the lead so we can advance health care in HRM and beyond.

#DGHLeadsOn



Al MacPhee
Campaign Chair



Stephen Harding, Karen Spaulding, Lisa Murphy, Al MacPhee



Violet & Joseph Diab



Dr. Natalie Cheng



Lisa Murphy



Hon. Tim Halman, Hon. Barbara Adams, Karen Spaulding, Lisa Murphy, Stephen Harding



Stephen Harding, Karen Spaulding, Holly Murphy-Stenton, Lisa Murphy, Al MacPhee, Greg Simpson

The J&W Murphy Foundation Makes Historic \$3,000,000 Gift to Dartmouth General Hospital

The Dartmouth General Hospital Foundation is proud to announce a transformative gift from the J&W Murphy Foundation, as they officially launch their 'Lead On' Capital Campaign. The \$3 million gift will support four key areas of the campaign: African Nova Scotian Healthcare Bursaries, the Geriatric Care Nurse Practitioner Program, Palliative Care, and the provision of priority equipment and technology.

- The African Nova Scotian Healthcare Bursary Program will fund annually four renewable bursaries to encourage and support African Nova Scotian learners who wish to pursue careers in healthcare, with the goal of building a workforce that is more representative of DGH's community and the people it serves.
- The Geriatric Care Nurse Practitioner ER Pilot Program will help facilitate care for ER patients aged 75 and older. Nurse Practitioners who are skilled in geriatric care will monitor and expedite care for seniors waiting in the ER by ensuring preliminary diagnostics such as bloodwork, blood pressure, and other key tests are performed while seniors wait.
- Upgraded Palliative Care Unit will better serve patients and families who are experiencing an end-of-life journey at Dartmouth General Hospital. Up to 10 rooms will be retrofitted to meet the unique needs of patients requiring palliative care, including convertible furniture for friends or family members who wish to spend the night, mini-fridges and microwaves for storage and heating of favourite meals, and soft bedding and linens that help create a home-like atmosphere.
- Investment in Medical Equipment – This gift will help support the purchase of Dartmouth General's first MRI, which will help to reduce

wait times across the province and will improve efficiencies in care for DGH patients. The MRI will be equipped with a special orthopedic package that will benefit patients undergoing joint replacement surgery at The Fred Smithers Centre for Orthopedic Care at DGH. Other equipment being funded includes the Thulium Laser for Urology and a Surgical Tower for the new Pelvic Health Suite.

- Investment in Dental Surgical Equipment for patients with special needs and patients on the autism spectrum. Much of the equipment being used by Dr. Albert and the O.R. Dental team is over 30 years old and in need of updating. This investment will help serve a historically underserved community, and is highly anticipated by Dr. Albert and his colleagues.

DGH Foundation President and CEO, Stephen Harding, and Campaign Chair, Al MacPhee, a celebrated Dartmouth business and community leader, hosted the announcement at the Delta Dartmouth on March 21, 2023 with many DGH donors, volunteers, staff, community leaders, and politicians in attendance.

Stephen Harding thanked the J&W Murphy Foundation on behalf of the Foundation and the hospital.

"We are so thankful for this strategic and thoughtful investment from the J&W Murphy Foundation which will have a profound impact in every corner of our hospital. With so many Nova Scotians focused on healthcare resources, the Lead On campaign comes at a critical point in time, where we are coming together to create solutions for improving the health and well-being of our communities. It is exciting to work with donors who want to be a part of the solution."



“Our genuine connection with the Dartmouth General Hospital team and their patient-centred campaign priorities meant a very easy yes for us donating to the Lead On Campaign. We want to be a part of that team, we want to help serve that mission, and we want to build on that culture.”

- Lisa Murphy



“One of the things that impressed me the most about Dartmouth General Hospital is the spirit of innovation that is embraced by everyone who works there. It’s incredible to see the hard work and ingenuity displayed by the exceptional staff and physicians who are working diligently every day to drive patient-centred innovation. We are proud to support the work and problem-solving solutions happening at Dartmouth General and are honoured to give to the Lead On campaign”

- Karen Spaulding

HONOURING BERT AND JOAN DICKEY BY SUPPORTING ORTHOPEDIC INNOVATION AT DGH

Following a tour of the hospital, the Dickey family was blown away by the orthopedic innovation taking place at Dartmouth General and decided that they wanted to help further innovation however they could.

Their interest in supporting the incredible things happening at Dartmouth General led to a significant donation supporting the purchase of an Orthopedic Robot.

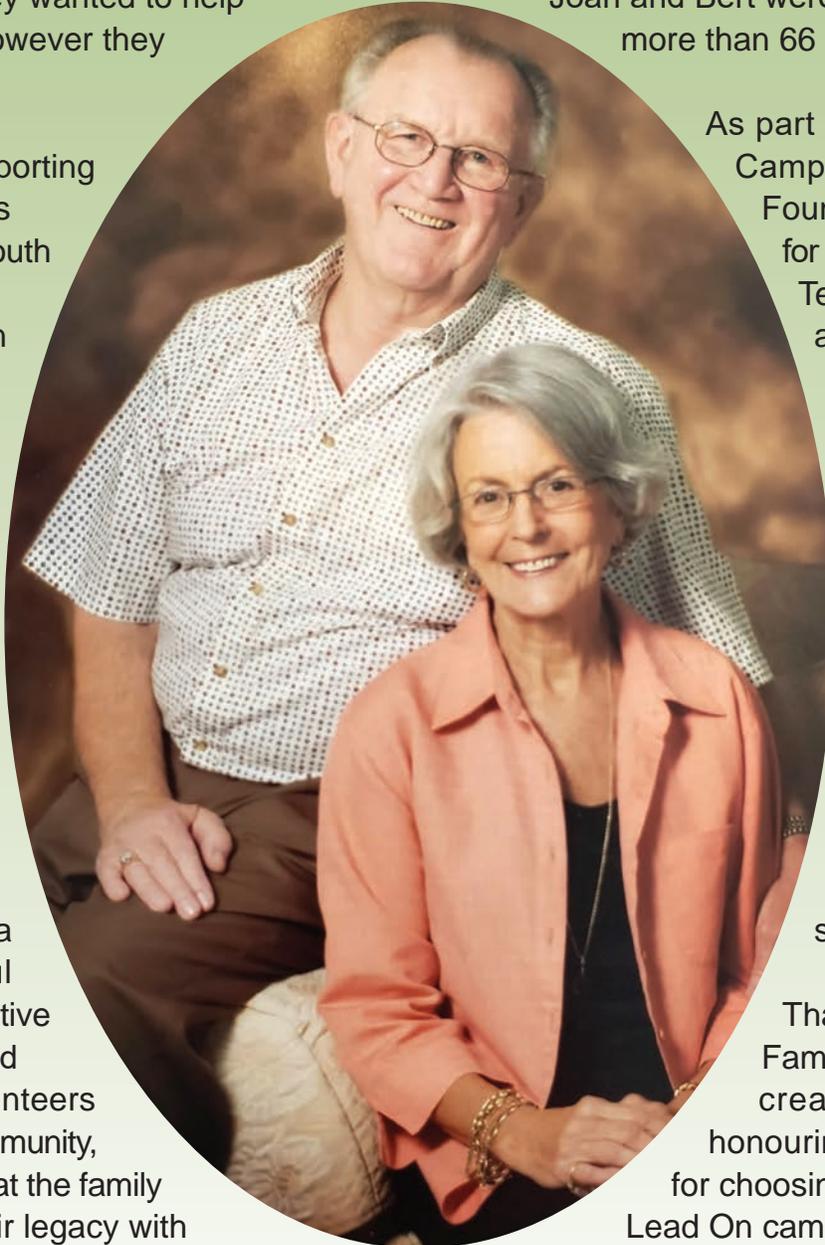
The family decided that they wanted to create a legacy to honour their parents, Bert and Joan Dickey.

Sadly, Bert Dickey passed away in 2021 after enjoying a long and successful career in the automotive industry. Both he and Joan were avid volunteers in the Dartmouth community, so it makes sense that the family chose to honour their legacy with this incredible gift.

Joan Dickey managed the family home, including raising her and Bert's three children, LuAnn,

Todd, and Mitch, and worked side by side with Bert in the automotive industry.

Joan and Bert were happily married for more than 66 years.



As part of the Lead On Campaign, the DGH Foundation is fundraising for Mako SmartRobotics Technology, which allows Orthopedic Surgeons to perform robotic-assisted knee and hip replacements. This advanced technology allows for even more precise placement of the implants, and will lead to increased patient satisfaction and the need for less revision surgeries.

Thank you, Dickey Family for choosing to create this legacy honouring your parents, and for choosing to support the Lead On campaign, driving patient-centred innovation at Dartmouth General Hospital.

You are leaders in our community.

SALTWIRE DONATES \$300,000 IN-KIND TO DGH FOUNDATION FOR LEAD ON CAMPAIGN

The Dartmouth General Hospital Foundation is pleased to announce a \$300,000 gift from SaltWire for our Lead On Campaign. This generous donation from SaltWire will allow us to share campaign milestones in print and online, as well as thank all of our exceptional donors for choosing to Lead On.

Stephen Harding, President and CEO of the Dartmouth General Hospital Foundation, is thrilled by this partnership:

“We are so happy to be working with SaltWire to share the amazing updates from our Lead On Campaign and to celebrate the amazing donors who are joining us to drive patient-centred innovation at the Dartmouth General. SaltWire’s generosity is incredible and I am so pleased that we have the opportunity to work with them.”

Mark Lever, SaltWire CEO, agrees:

“SaltWire continues to be a proud sponsor of the Dartmouth General Hospital Foundation. The Dartmouth General has a compelling story to tell, and we are honoured to help make that possible. We strongly believe in making a positive impact on the communities we serve by supporting healthcare initiatives in our region. It is our hope that through this support, we can make a meaningful difference in the lives of those in need by helping to provide critical healthcare services and advance medical research.”

Be sure to keep an eye on local publications like the Chronicle Herald, and online at SaltWire.ca for all of our updates!

Driving patient-centred innovation.

Since 1976, Dartmouth General has transformed from a community health centre to a centre of excellence. Supported by a passionate workforce and diverse community, our hospital has been able to lead on, driving patient-centred innovation year after year.

Today, we call on our supporters to help us invest in the latest technology to improve patient outcomes and community programs to support equity deserving groups. We ask that you become a leader by supporting the Lead On Campaign for Dartmouth General.

LEAD ON
Advanced Health Care Solutions

Dartmouth General Hospital Foundation

DONATE NOW AT

When your hospital proves itself to be a positive force, does it stop, or keep going? Dartmouth General Hospital Leads On!

Community support is powering change at the Dartmouth General. This change will result in more effective health care for everyone. We are committed to driving patient-centred innovation at Dartmouth General Hospital. Join us, become a leader today!

Introducing our Advisory Committee
Meet our 13 Advisory Cabinet supporting the Lead On campaign for Dartmouth General, and our exceptional Honorary Chair - Joseph and Wanda Dale.

Dartmouth General Hospital Foundation

LEAD ON
Driving Patient-Centered Innovation

DONATE NOW AT

This effort was made possible thanks to a generous partnership with SALTWIRE

Introducing our Leading Campaign Cabinet.

Meet our 15 passionate volunteers supporting the Lead On campaign for Dartmouth General. Together, they fearlessly take the lead so we can advance health care in HRM and beyond.

LEAD ON
Driving Patient-Centered Innovation

DONATE NOW AT

Prioritizing diversity and inclusion with health care bursaries.

Dartmouth General is a collection of attitudes and cultures, both in the staff that work there and the communities it serves. This diversity means the hospital is well-positioned to address health disparities and be a leader in developing health care equity initiatives.

As part of the Lead On Campaign, we're investing in bursaries to recognize and encourage African Nova Scotian and Indigenous learners pursuing health care careers. Through this program, we strive to help African Nova Scotian and Indigenous learners overcome some of the obstacles they face and build a workforce at Dartmouth General that is more representative of the community. With your support, we can better care for equity deserving groups in Dartmouth and beyond.

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Dartmouth General Hospital Foundation

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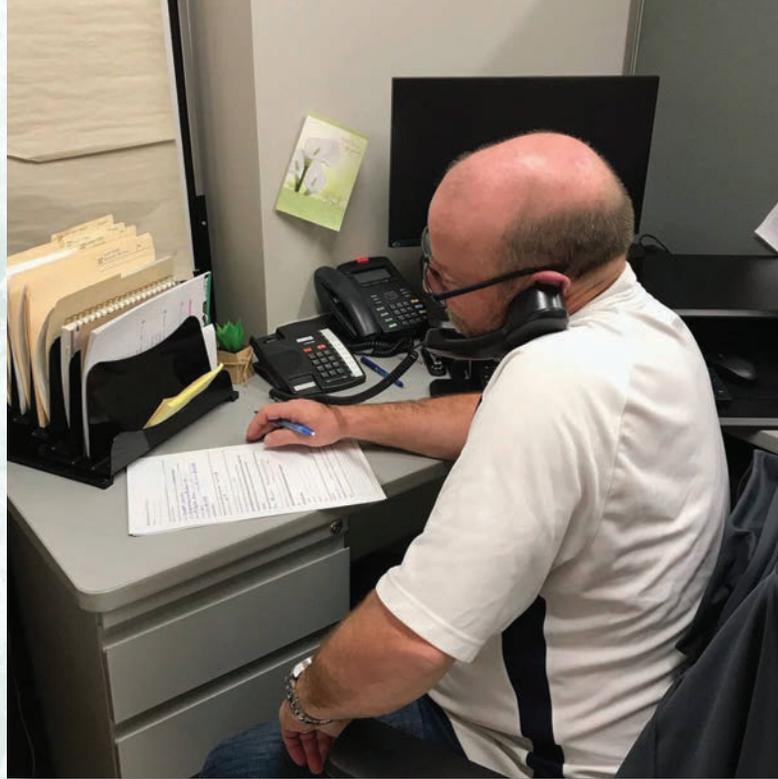


VOLUNTEER SPOTLIGHT

CHRIS PURCELL DGH Auxiliary President

Chris Purcell was excited to take over the role of DGH Auxiliary President, but nervous as well. The Auxiliary is a longstanding part of the Dartmouth General Hospital, and he knows how much their work means to the community and the Auxiliary members themselves.

“I first started with the Auxiliary when the Gift Shop was moving from the first floor of the hospital to the main floor. My wife Donna is the Gift Shop manager and asked if I would be interested in making a new counter for the Gift Shop space, so I brought in my power tools and cut the old counter apart and fitted it on the new cabinets. With the help of Jim Lambie, everything came together and our new counter was a great success. That was my first encounter with the DGH Auxiliary. Subsequently I volunteered for a few other projects and at that point I was hooked.”



Chris answering calls during Holiday Magic

The DGH Auxiliary are a group who devote their time to fundraising for the Dartmouth General Hospital.

“We’ve contributed over \$2 million since the inception of the hospital in 1973,” says Chris. “We volunteer for the Lobster Dinners, the Golf tournament - we’re more than happy to volunteer!”

Currently the Auxiliary run a Gift Shop on the main level of DGH where they sell snacks, drinks, ornaments, clothes, and more amazing treasures.

Chris and his wife Donna are happy to join in on the fun and spend their time volunteering - recently they were part of the phone bank taking donations during the CTV broadcast of Holiday Magic. He is pictured above hard at work taking donations to support the new MRI at DGH.

Chris has been fantastic to work with and is always there to support the Foundation when we ask for help. We are looking forward to continuing to work together in the future, as the Auxiliary are so close to us at the Foundation.

Showing his skill as a leader, Chris is always quick to thank the Auxiliary members for all of their hard work. In his words, “a simple thank you goes a long way.”



SHARE YOUR STORY

Would you like to share your patient experience at Dartmouth General?

Contact Kiana Pace - Manager, Communications and Marketing at kiana.pace@dghfoundation.ca or 902-266-6428

Carolyn Marshall, Heather Mosher, Susanne McCarroll, Shannon Shields, Kiana Pace, Maryann Couture, Kerri Scheuermann, Stephen Harding, Frank Lockington

Dartmouth General Hospital Foundation
325 Pleasant Street
Dartmouth NS
B2Y 4G8

