

InTouch

FALL & WINTER EDITION
NOVEMBER, 2022



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@DGHFOUNDATION

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(902) 460-4149
WWW.DGHFOUNDATION.CA

SHARE YOUR STORY!

Would you like to share your story as a DGH
patient, volunteer, or donor?
Contact Kiana Pace, Manager of
Communications and Marketing by email at
Kiana.Pace@dghfoundation.ca

MESSAGE FROM THE PRESIDENT



Steve with Louann MacRae at Seaside FM



Mayor Mike Savage, Dr. Michael Diab, Violet Diab, Joe Diab, Suzie Diab, Steve Harding



The Honourable Barbara Adams, Steve, and the Honourable Tim Halman at our Lobster Dinner

The seasons are changing, with this fall bringing some wild weather with it. As always, in the face of adversity the Dartmouth General Hospital staff continued to show us why they are some of the best in the world. We were in awe of a story we received after Hurricane Fiona of a nurse manager lifting trees out of the street to clear a path to the hospital - incredible! The staff work so hard every single day that we knew we wanted to Show The Love again, and give out treat bags full of goodies as a small token of our appreciation. You can read all about this on the following page, but I wanted to personally extend a tremendous thank you to Gerry Boudreau and Jack and Anita MacKinnon for being the lead donors to this Show The Love campaign!

I'm also so pleased to share the photo above from an event thanking Joe and Violet Diab for being the first donors to our MRI campaign! You are truly leaders in our community and we can't thank you enough for starting our campaign to bring an MRI to Dartmouth General.

We have even more exciting things on the horizon at the DGH Foundation including Holiday Magic! For the first time this VanWart Production will be benefiting the Dartmouth General Hospital with all funds going towards the purchase of our first MRI. You can find all of the details for this event on page 8, and we hope to see you at one of the live events on December 3rd, or sharing your pictures with the CTV production on December 17th on your social media! I am thrilled with our fundraising progress for the MRI, and this is going to take it to the next level.

I am so happy to share Gerard Lee's story with you on page 11. Gerard has recently had a hip replacement completed at Dartmouth General and can't stop raving about the incredible care he received from Dr. Leighton. As we fundraise for an Orthopedic Robot at DGH, hearing these stories makes us so proud to be working to give incredible surgeons like Dr. Leighton this amazing new technology that will make the process even easier for patients.

We are in the beginning stages of creating our five-year strategic planning process for the Dartmouth General Hospital Foundation and we would love to hear from you! If you would like to share your thoughts on the future of the Dartmouth General Hospital Foundation please feel free to reach out to me via email at Stephen.Harding@DGHFoundation.ca.

Thank you all so much for your continued support of the Dartmouth General.

With Gratitude,

A handwritten signature in blue ink that reads "Stephen Harding".

Stephen Harding, President & CEO

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SHOW THE LOVE

We wanted to continue Showing The Love at DGH and say thank you to DGH staff for all of their hard work during these stressful times. We gathered a bag full of goodies and handed them out the week of Thanksgiving to all of the nearly 1200 staff members at DGH!

This incredible event was made possible by donors like Jack and Anita MacKinnon and Gerry Boudreau, local businesses like Noggins Farm, Daniels U-Pick, Duckish Natural Skincare, Johnson Insurance, and VanWart Productions.



Jack MacKinnon and Stephen Harding show the love to DGH staff on October 12, 2022



Dr. Natalie Cheng, Stephen Harding, Gerry Boudreau, Claudia Chender, Jack & Anita MacKinnon



Dr. Natalie Cheng and Joyce Sawler



MLA Lorelei Nicholl and Faye Lovette



Anita MacKinnon shows the love to staff



Donor Gerry Boudreau introduces himself to the Nursing staff

“WE TREAT THEM LIKE A PERSON, NOT A NUMBER” *Meet DGH’s Registered Cardiology Technologists*

Tonya Morell has been a Registered Cardiology Technologist for 15 years, spending almost half of that at Dartmouth General Hospital.

Working in the Cardiac Investigations department she has become close with not only her immediate coworkers, but nearly everyone in the hospital.

“Dartmouth General is a community based hospital. We have a lot of patients who always come to us saying that they love it here because we treat them like a person, not a number. Here at this hospital everybody works together, regardless of what your position is. We treat each other as equals here, it’s a very family oriented hospital.”

The Cardiac Investigations department deals with all things heart-related, and has a beautiful new space within Dartmouth General.

“We’ve all turned down other positions at other hospitals to come to the Dartmouth General. It’s home to us.”

Jessica Livingstone started as a student working with Tonya, and six years later she is still part of the family.

“I started as a student working with Tonya, and I’m still here. I had other full-time offers, but I held out to get a position at DGH because I love it here.”

Michelle Fraser started at Dartmouth General 14 years ago this month, and watching her with her patients makes it clear that this is a career she is passionate about.

“This is where I want to be.”





Together
we **innovate**

Together
we **inspire**



Together
we **lead**

GIVING
TUESDAY

Nov
29

GivingTuesday is a global generosity movement unleashing the power of people and organizations to transform their communities and the world.

This GivingTuesday we are asking you to support the Dartmouth General Hospital as we fundraise to purchase our very first MRI, reducing wait times across the province, improving patient care, and saving lives in emergency scenarios.

If you would like to be a part of Dartmouth General Hospital history by supporting the purchase of an MRI you can donate:

- By phone at 902-460-4149
- Online at www.DGHFoundation.ca
- By scanning the code using your cell phone



HOLIDAY MAGIC

A VanWart Production Holiday Variety Show

SATURDAY, DECEMBER 17

ON CTV

Live at the Spatz Theatre - December 3

STARRING



HEATHER RANKIN



THE DIAGA IRISH
DANCERS



ANDREW MACHUM



REENY SMITH



LINDA CARVERY



THE GILBERTS



STADACONA BAND

AND MORE!



Holiday Magic is a family-friendly, holiday themed stage production as well as a pre-recorded television broadcast. This variety show is created and sponsored by Halifax's VanWart Productions to raise funds and awareness for local charities, and this year the Dartmouth General Hospital Foundation is the delighted recipient.

For the past two years, the show has been presented on CTV to more than 200,000 Atlantic Canadian viewers, and this year we're thrilled to offer both the broadcast on December 17th as well as two live shows at the Spatz Theatre on December 3rd. Enjoy a variety of local Nova Scotia talent, including Heather Rankin, Reeny Smith, The Diaga Dancers, Andrew Machum, Linda Carvery, The Gilberts, and more with your loved ones and gather in your home, or dress up for a night out and join us live in Halifax!

We are also thrilled to have the J&W Murphy Foundation join us as a matching donor this year, matching up to \$50,000!

Without question, the need for a new MRI unit is immediate and of high priority, and so DGHF is working with the community to fund the purchase of our first MRI machine. This MRI will increase HRM's imaging capacity by 400 scans per month or nearly 5,000 scans per year! We are so happy to partner with VanWart Productions for Holiday Magic, with all proceeds going to support the purchase of an MRI!

Join us in person December 3rd, or catch us on CTV on December 17th to join in the fun!

Visit www.DGHFoundation.ca for more information and to get your tickets!

Presented by

The logo for Avondale Construction Limited features the word "AVONDALE" in a large, bold, dark blue sans-serif font. To the left of the letter "A" is a blue triangle pointing to the right. Below "AVONDALE" is the text "CONSTRUCTION LIMITED" in a smaller, all-caps, dark blue sans-serif font.

Matching Donor

J & W Murphy
FOUNDATION

**PROCEEDS WILL HELP SUPPORT BRINGING AN
MRI TO THE DARTMOUTH GENERAL HOSPITAL**

The logo for the Dartmouth General Hospital Foundation consists of a 2x2 grid of squares. The top-left square is green with a white "D", the top-right is blue with a white "G", the bottom-left is blue with a white "H", and the bottom-right is green with a white "F". To the right of this grid, the words "Dartmouth", "General", "Hospital", and "Foundation" are stacked vertically in a blue sans-serif font.

HONOURING DR. WILLIAM BARTON

Longtime donors Chebucto Imaging Group honour colleague

The Diagnostic Imaging Waiting Area at the Dartmouth General Hospital has a new addition - a plaque honouring Dr. William Barton and his dedicated service to Dartmouth General Hospital, made possible by the DGH Radiology team's gifts to the Above and Beyond Campaign.

In 1973 Dr. Barton graduated from Dalhousie Medical School, and has worked in Dartmouth

his entire career.

Beginning in family medicine in 1973, he moved into radiology at the Dartmouth General in 1980 after completing his radiology residency, where he stayed until his retirement in 2014. He served as Chief of Radiology from 1989 to 1994, and President of the Nova Scotia Association of Radiologists from 1989 to 1991.

In 2015 he was presented with an Honorary Membership in the Dartmouth General Hospital Medical Staff Association.

Dr. Barton is also a founding member of the Dartmouth General Hospital Golf Classic and has supported the event for over 25 years. The tournament has successfully raised over \$1 Million for the Dartmouth General since 1990.



(L-R) Dr. Carla Pittman, Dr. Graham Joy, Stephen Harding, Dr. Aamir Suhail, Dr. Andrew Ingham, Dr. Susan Delaney, Dr. William Barton, Jenna Joyce
Missing from photo: Dr. Kim Colter, Dr. Brian Psooy, Dr. Marc Pepin



Dr. Barton with Dr. Pittman



Dr. Barton with Laurie Harding

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“IT’S LIFE CHANGING FOR ME”

Gerard and Dianne Lee describe Gerard’s Orthopedic Surgery

Class – that’s the way that Gerard Lee and his wife Dianne like to describe Dr. Jennifer Leighton following his hip replacement.

Gerard received an anterior hip replacement, a surgery that Dr. Leighton is the only surgeon in the province completing. Dianne describes it best, saying “it’s more complex for the Doctor, but it’s easier on the patient and bottom-line that’s who they are looking out for. A lot of people can’t believe that he had this done and was able to walk out of the Hospital.”

Gerard thought for years that he had issues with his back, causing him pain and distorting his posture. This extreme pain eventually led him to consult medical professionals and discover that it was actually his hip that was causing him the issues.

“I had severe arthritis and pain every day before the good doctor Jennifer Leighton did my hip replacement. Now I am pain-free, and I can walk straight up. Before I used to walk with a hunch. I had pain going in, and my hip was bad. I came out of the surgery pain-free. I used a walker for about a week and the cane for maybe three weeks, and now I’m walking pain-free without any assistance. It’s life-changing for me.”

The care he received at the Dartmouth General Hospital extends beyond the medical care. Gerard was impressed with the personal touches he and his family received.

“The staff at Dartmouth General are exceptional and very professional. Dr. Leighton explained the procedure to me from start to finish. Her bedside manner was wonderful, she’s unbelievable. I know she’s an outstanding doctor. She actually called my

wife and my son after the surgery which I thought was class.”

Now, Gerard is able to get back to what he loves, like golfing and taking walks with his wife. He likes to joke that “I guess one leg was shorter than the other, so I went in 5’7” and came out 6’2”!”

Amazing care like this is standard at the Dartmouth General Hospital, and we are always looking for ways to make patient experiences easier, and how we can innovate to best serve the people in our community.

One of these innovations is an Orthopedic Robot the DGH Foundation is currently fundraising for. This robot will allow a greater degree of precision when conducting orthopedic surgeries, and result in fewer corrective or adjustment surgeries for patients in the future.

“Please donate if you can. I consider my surgery a 100% success, if the robot can make things even more precise, and I could feel even better than this, that would be remarkable.”

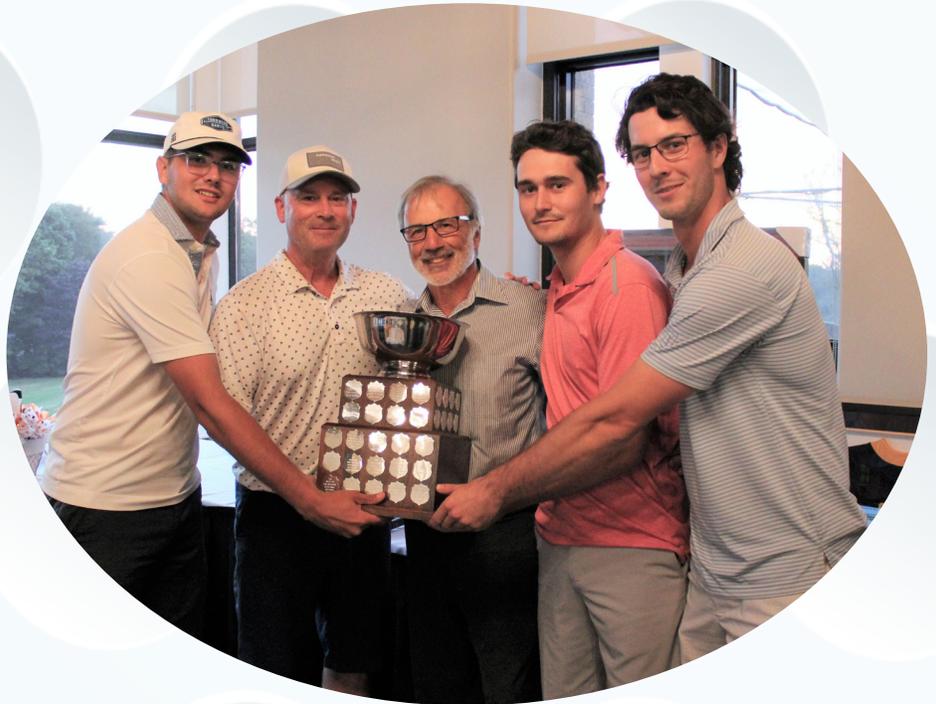


GOLF CLASSIC

Proudly Presented by

MNP O'REGAN'S

OVER
\$100,000
RAISED!



2022 DGH Golf Classic Winners: Scott MacKinnon, Jake MacKinnon, Brandon Cuvelier, Andrew Martell with Golf Committee Chair Alex Joseph (middle)



Volunteer Marion Lakenman



Joseph Diab



Dr. Jason Yung

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DGH Lobster

Dinner & Auction

held at Fisherman's Cove sets 37 year record!

For 37 years our community has gone above and beyond to support the Dartmouth General Hospital, and this year you went even further! **We are now over \$260,000 closer to the purchase of DGH's first MRI** thanks to the amazing support of the community and a \$100,000 matching donation from the J&W Murphy Foundation.

Thank You





Photos by Kelly Clark Photography

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INCREASING PATIENT SATISFACTION AND REDUCING WAIT TIMES

Dr. Jennifer Leighton describes the impact an Orthopedic Robot will have at DGH

Dr. Jennifer Leighton has been working at the Dartmouth General Hospital for close to 5 years, and in that time has made a name for herself as an innovator and a leader in her field. She is currently the only Orthopedic Surgeon in Nova Scotia using the anterior approach to hip replacement surgery, a less invasive method that allows her to go between muscles rather than cut through them. This approach leads to a quicker recovery for patients.

“I’m currently the only one in Nova Scotia using this method, but it is gaining in popularity in other places.”

This method was a big success for patients like Gerard Lee, who you can read about on page 11.

Now, Dr. Leighton is continuing to be a leader in her field and is championing bringing an Orthopedic Robot to the Dartmouth General Hospital.

“The new surgical robot will help with hip and knee replacement accuracy and precision, and will hopefully make our patients even happier. The robot lets us plan in 3-D space through the computer the patients knee or hip replacement before we start surgery,

which helps us cut down on the amount of surgical equipment we use. The robot also helps us during surgery so we can provide a solution tailored to the patient, allowing us to cut down on the amount of work we do in surgery, which helps with pain and swelling afterwards. This accuracy will also reduce the amount of corrective surgeries needed, increasing patient satisfaction and reducing wait times for first-time patients.”

This exceptional technology will be a fantastic addition to the Fred Smithers Centre for Orthopedic care, and will mean that patients can get back to their lives sooner.

The benefits of this robot will be incredible for patients from across Nova Scotia, and Dr. Leighton is happy to talk about it. Robotic assisted surgery is new for many patients, but she is eager to share the benefits patients will experience to calm their nerves before surgery.

“We know that surgery is very routine for us, it’s what we do day in and day out, but for patients it is a new experience, it can be scary, and it is a major impact on their lives.”



***Want to help us fund
an Orthopedic Robot?
You can donate online at
www.dghfoundation.ca
or by calling
902-460-4149!***





RADIOTHON



dghfoundation.ca/events/radio/

The Dartmouth General Hospital Radiothon was held on October 22, 2022 on 105.9 Seaside FM and featured stories from patients like Gerard Lee, staff like Dr. Jennifer Leighton, and Auxiliary President Chris Purcell. We also featured incredible local talent like Denis Ryan, Callum Gaudet, Matt Steele, DeeDee Austin, and Joe H. Henry!

This year the Radiothon raised money to purchase a brand new Holter and Loop System - a vital piece of cardiac monitoring equipment needed to replace the current equipment which has aged out of use.

Thanks to our incredible sponsors, and wonderful donors who kept our phone lines ringing all day

long we were able to raise over \$75,000, making this **our most successful Radiothon ever!**

Thank you so much to everyone who supported the 3rd Annual DGH Radiothon, the amazing volunteers running our phone bank, everyone who tuned in to 105.9 Seaside FM. Seaside FM has been an incredible partner since the inception of our Radiothon, and we couldn't do it without them!

Missed the Radiothon, but still want to support the DGH? Want to relive some of the incredible music our live artists have performed this year, and in the past? You can make a donation and visit our Spotify playlist by scanning the code above!



Callum Gaudet and Kiana Pace



Sandy Buchan and Steve Harding



Honourable Barbara Adams with Steve Harding and Rod Little



Steve Harding with Denis Ryan and Ken Sanders

THANK YOU TO OUR SPONSORS



CELEBRATING THE SUMMER OF 2022 -

A partnership between The Chickenburger, Chicken Little Cafe,
and Dartmouth General Hospital Foundation.

Every Tuesday this summer residents of HRM and beyond were invited to visit The Chickenburger and Chicken Little Cafe to support an amazing cause - bringing an MRI to the Dartmouth General Hospital.

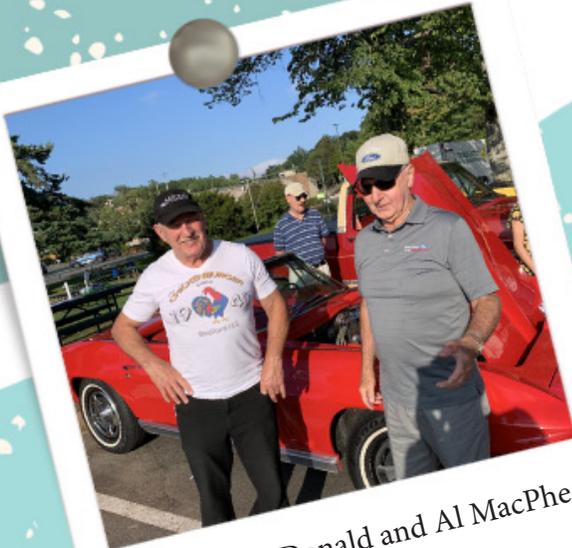
These Tuesday nights consisted of amazing food, lots of fun, and gorgeous classic cars.

We were in awe of how many people came out to have their supper, or a yummy after supper snack. We were also amazed by the cars that so many of our donors and new friends of the foundation brought to show off! Special thank you to Al MacPhee, Jack MacKinnon, and Kim Conrad who brought their gorgeous cars!

The fantastic partnership was so much fun that CTV joined the party and featured us on CTV Morning Live. Ana Almeida even got to go for a spin in Andrew MacPhee's classic Corvette! You can view the full segment by scanning the code below with the camera on your cell phone.

Thanks to the generosity of Mickey and Rose MacDonald, and everyone at The Chickenburger and Chicken Little Café we are now **\$50,000 closer to purchasing Dartmouth General Hospital's first MRI!**





Mickey MacDonald and Al MacPhee



Stephen Harding poses with an Elvis impersonator at The Chickenburger



Ana Almeida interviews Mickey MacDonald and Stephen Harding for CTV



Stephen Harding, Kim Conrad, Ana Almeida, Andrew MacPhee, Chris Wolfe

SUPPORT OUR FUTURE HEALTHCARE HEROES



The Dartmouth General Hospital (DGH) values diversity, inclusion and a workforce that is representative of the people we serve. We recognize that African Nova Scotian people are essential for our workforce and our Dartmouth General Hospital community. It is in this spirit that the Dartmouth General Hospital Foundation has established the DGH Foundation Healthcare Scholarship for African Nova Scotians to recognize one student from each of the six Dartmouth High Schools with a \$2,000 award.

It is our hope that encouraging African Nova Scotian students to pursue careers in healthcare will inspire a more diverse workforce at the Dartmouth General Hospital that is more culturally representative of the community we serve.

To support this scholarship fund, or any of our fundraising priorities, you can donate online at www.dghfoundation.ca/donate, by phone at 902-460-4149, or by scanning this code with your cell phone camera.



Dartmouth General Hospital Foundation
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